

MODULE TWO

Primary Identities



REFLECTING ON PRIMARY IDENTITIES (2)

There are two mindset modes namely 'Being' and 'Doing'. Being conscious of your predominant mindset mode helps you take control of the direction of your life. To steer your life in the direction of your purpose, you have to be in the 'Being' mode.

Reflecting on mindset mode will help you become aware of what mode you are operating in and make necessary adjustments towards your purpose.

Using this positive traits list, what are your top 5 personality traits. [Click here to access list](#)

- _____
- _____
- _____
- _____
- _____

What is one transferable activity you are passionate about and in what context do you love to express it?

I love [verb] + [in what context] + [reason]

Example: I love [teaching] + [about purpose] + [to help people find a simpler way to actualize their purpose]

What are your top 3 super powers. (It's okay if you have less than 3)

- _____
- _____
- _____

On a scale of 1 to 5, how much does your primary identity influence how you define yourself? (1= not much, 5=very much)

1 2 3 4 5

Write your personal definition statement starting with your primary identity to your secondary identity. Example: I am a creative educator and effective communicator. I always come up with novel ways to effectively educate people. I have working experience as a learning and development specialist where I design training materials and facilitate learning.